

BOARD OF APPEALS

May 5, 2025

3:00 PM

Room A

City-County Government Center

160 S Macy Street
Fond du Lac, Wisconsin

I. Call To Order

A. Roll Call

B. Declaration of Quorum

II. Approval of Minutes

A. April 7, 2025

III. Election of Officers

A. Chair

IV. Hearings

A. 96 South National Avenue

Appeal No. 2025-05

Zoning Code Regulations

Schedule II Land Uses or Activities Residential Districts
does not allow a commercial business as a permitted use in
the R-1 Single Family Residential District.

Proposal

Allow for commercial business (yoga studio and associated
services) in the R-1 Single Family residential District

V. Adjourn

"The City of Fond du Lac provides equal opportunities and services to all individuals, including those individuals with disabilities."

BOARD OF APPEALS AGENDA
CITY OF FOND DU LAC, WISCONSIN
Roll Call

Subject:

Effect:

Initiator:

Location:

Recommendation:

BOARD OF APPEALS AGENDA
CITY OF FOND DU LAC, WISCONSIN
Declaration of Quorum

Subject:

Effect:

Initiator:

Location:

Recommendation:

**BOARD OF APPEALS AGENDA
CITY OF FOND DU LAC, WISCONSIN
April 7, 2025**

Subject:

Effect:

Initiator:

Location:

Recommendation:

ATTACHMENTS:

File Name

4.7.25_Minutes.pdf

BOARD OF APPEALS MINUTES

April 7, 2025

3:00 p.m.

Meeting Room A
City-County Government Center

160 South Macy Street
Fond du Lac, Wisconsin

CALL TO ORDER

ROLL CALL: Present: Jeffrey Labahn
 Gary Miller
 Tracy Qualmann
 Jeffrey Uitenbroek
 David Vanden Avond

Absent: None

Administrative Staff: Dyann Benson, Community Development Director

Chair Miller declared a quorum present at 3:00 p.m.

Qualmann arrived at 3:04 p.m.

APPROVAL OF MINUTES

March 3, 2025

Motion made by Uitenbroek to approve the minutes of the March 3, 2025 meeting of the Board of Appeals.

Seconded by Labahn.

ROLL CALL VOTE: Aye – Labahn, Miller, Qualmann, Uitenbroek,
 Vanden Avond

Nay – None

Carried.

HEARINGS

NW Corner 6th Street and Fond du Lac Avenue/FDL-15-17-14-24-838-00

Appeal No. 2025-04

Zoning Code Regulations:

Schedule III Bulk Requirements Residential Districts requires a 25 ft front yard setback in the R-1 Single Family Residential District.

Proposal:

Allow for a 19 ft front yard setback along Fond du Lac Avenue.

BOARD OF APPEALS MINUTES

April 7, 2025

Page 2

Spoke in Support:

Damian Lonnee, Project Applicant, PO Box 337, Brandon

Jason Zellner, W4422 Empire Drive, Fond du Lac

Motion made by Labahn to **approve** the variance request subject to the conditions listed for the reduced front yard setback along Fond du Lac Avenue from 25 ft to 19 ft. Specifically, the variance was approved because of the unique property conditions of an odd shaped triangular lot and proximity to an intersection makes compliance with the required zoning regulations difficult. There is no harm to adjoining properties.

Conditions of Approval:

1. Submittal of detailed plans to Inspections for the proposed residential development.
2. The variance is for the setback of the residential dwelling. The property owner and any future owner should not assume that the granting of this variance is a basis to support any future variance requests for accessory structures or building additions.

Seconded by Qualmann.

ROLL CALL VOTE:

Aye – Labahn, Miller, Qualmann, Uitenbroek,
Vanden Avond

Nay – None

Carried.

ADJOURN

Motion made by Miller to adjourn.

Seconded by Qualmann.

ROLL CALL VOTE:

Aye – Labahn, Miller, Qualmann, Uitenbroek,
Vanden Avond

Nay – None

Carried.

Meeting adjourned at 3:15 p.m.

MARGARET HEFTER
CITY CLERK

DB/ss

BOARD OF APPEALS AGENDA
CITY OF FOND DU LAC, WISCONSIN
Chair

Subject:

Effect:

Initiator:

Location:

Recommendation:

**BOARD OF APPEALS AGENDA
CITY OF FOND DU LAC, WISCONSIN
96 South National Avenue**

Subject: Appeal No. 2025-05

Zoning Code Regulations
Schedule II Land Uses or Activities Residential
Districts does not allow a commercial business as a
permitted use in the R-1 Single Family Residential
District.

Proposal
Allow for commercial business (yoga studio and
associated services) in the R-1 Single Family
residential District

Effect:

Initiator: The Center - Uniting Mind, Body and Spirit

Location:

Recommendation:

ATTACHMENTS:

File Name

202505_96_National_Avenue_-_Use.pdf

VARIANCE_Application_Redacted.pdf

TheCenter_Website_Details.pdf

The_Center_Yoga_Media_Posts.pdf

Comprarable_Yoga_Teacher_Programs.pdf

Public_Notice.pdf

The CITY OF FOND DU LAC - Memorandum

Department of Community Development

Date: April 30, 2025

To: Board of Appeals

From: Dyann Benson, Community Development Director

Re: Appeal No. 2025-05 – 96 S National Avenue

Applicant: The Center- Uniting Mind, Body & Spirit c/o Lynette Duley

Zoning:

Site:	R-1 (Single Family Residential District)
North:	R-1
South:	R-1
East:	R-4 (Multifamily Residential District)
West:	R-1

Land Use:

Site:	Converted House/Former Marian Office
North:	Residential
South:	Residential
East:	Marian University
West:	Residential

Variance Request

Zoning Code Regulations:

Schedule II Land Uses or Activities Residential Districts does not allow a commercial business as a permitted use in the R-1 Single Family Residential District.

Proposal:

Allow for commercial business (yoga studio and associated services) in the R-1 Single Family residential District.

Analysis

The property is a former house owned by Marian University that had previously been used for office purposes. The Center – Uniting Mind, Body and Spirit announced they were relocating to this location as of April 1st – moving from their previous commercial location on South Main Street. Prior to that, they were located downtown in the former Woolworth Building. Neither Marian University or The Center contacted the City to discuss zoning or building code requirements.

The property is zoned R-1 Single Family Residential District. The permitted land uses and activities within R-1 District include colleges and universities, thus Marian University's offices were a permitted use under the district regulations.

The Center is known for offering yoga and other related classes to the general public and would be considered a commercial business.

In the variance application, the applicant states they certification from the State of Wisconsin Educational Approval Program Certificate (EAP) and is considered a private post secondary school. The applicant provided no other supporting information on the programs or curriculum taught as part of this certification. In order to maintain certification, the entity must resubmit annually to the Wisconsin Department of Safety and Professional Services (DSPS).

City staff researched the Educational Approval Program Certificate and used their online search portal to find that the Center is a certificate for yoga instructor certificate which is considered a diploma under the EAP Certificate. City staff went to The Center's website and did not find any clear reference to a teacher training program. City staff requested clarification from the applicant and the applicant provided information on how they try to recruit, but not where to find the information on the website. City staff researched every page on The Center's website and found a mention of the teacher training under events. Excerpts from The Center's website is attached for reference. In addition, City staff researched the The Center's Facebook posts and found reference to past teacher training. Excerpts from those Facebook posts are attached for reference.

City staff utilized the EAP Certificate portal to research other entities that held the same certificate and researched each of their websites. Excerpts from those pages are attached for reference. The teacher training opportunities were easy to identify and navigate on each website.

Given the researched information, the EAP certification would meet the criteria of a vocational school. Vocational schools are a permitted use in the R-1 District. However, the evidence and information are not readily available on The Center's website. The Center's website primarily focuses on the classes/commercial side of their activities.

The applicant has provided photographs of the site – both interior and exterior. These will be made available at the meeting.

Criteria for Variance Approval

In granting a variance the Board of Appeals must find that, for a use variance there is no reasonable use of the property without a variance; and for an area variance there is no practical way for the property owner to accomplish the intended objective of zoning code requirements.

The applicant must demonstrate that a unique condition of the property exists to prevent compliance with zoning code regulations. To qualify for a variance, an applicant must demonstrate that the property meets three requirements:

- 1. Unique Property Limitations.** Physical characteristics of the property that are not generally shared by other properties must be evident that affect compliance with ordinance requirements.

2. **No Harm to Public Interest.** A variance may not be granted which results in harm to the interests of neighbors, the community, and the general public. Lack of opposition does not mean that the proposed construction would not harm the public interest.
3. **Unnecessary Hardship.** Unique property limitations must create unnecessary hardship to justify an exception to zoning regulations. The hardship must not be self-imposed; loss of profit, construction without a permit, additional expense to comply with zoning ordinances, are not unnecessary hardships.

Statement of Hardship

The property owner must bear the burden of proving that the unnecessary hardship is based on conditions unique to the property, rather than considerations personal to the property owner, and that the unnecessary hardship was not created by the property owner.

The applicant has not met the requirements for demonstrating unique property limitations or unnecessary hardship for a use variance. The applicant uses the proximity to Marian University and lack of funds to support the request.

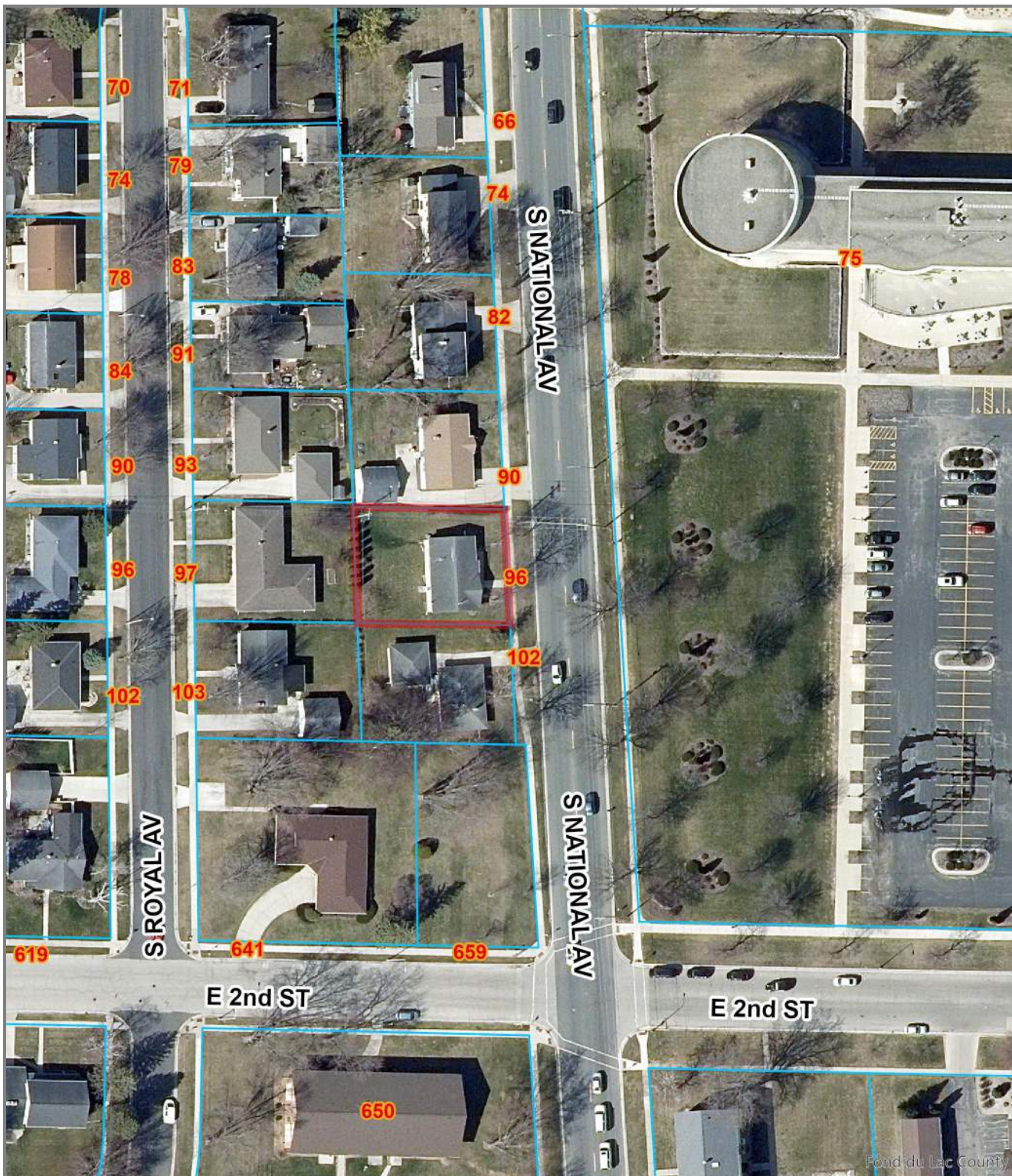
Recommendation and Findings

A motion for variance approval or denial must state the findings in support of the action.

If the applicant is presenting themselves as a post secondary school then the applicant needs to update their website to more clearly and distinctly state the teacher training opportunities. The existing information on the website does not provide any indication of such post secondary school opportunities. The applicant would be required to maintain their EAP certificate through the State of Wisconsin DSPS. These would need to be in place in order to demonstrate they are indeed a postsecondary school. The Board would make a motion to determine, based upon the applicant's consent to pursue the requirements noted above, that they are a permitted use within the R-1 District. The applicant would still be required to obtain an occupancy permit and still meet any required building codes.

If the applicant is presenting themselves as a commercial business and do not wish to update their website on maintain their ongoing EAP certificate then Community Development staff recommends a motion to **deny the variance** request based on findings referenced herein that the request does not meet the requirements of unnecessary hardship for a use variance to support a commercial business in the R-1 Residential District.

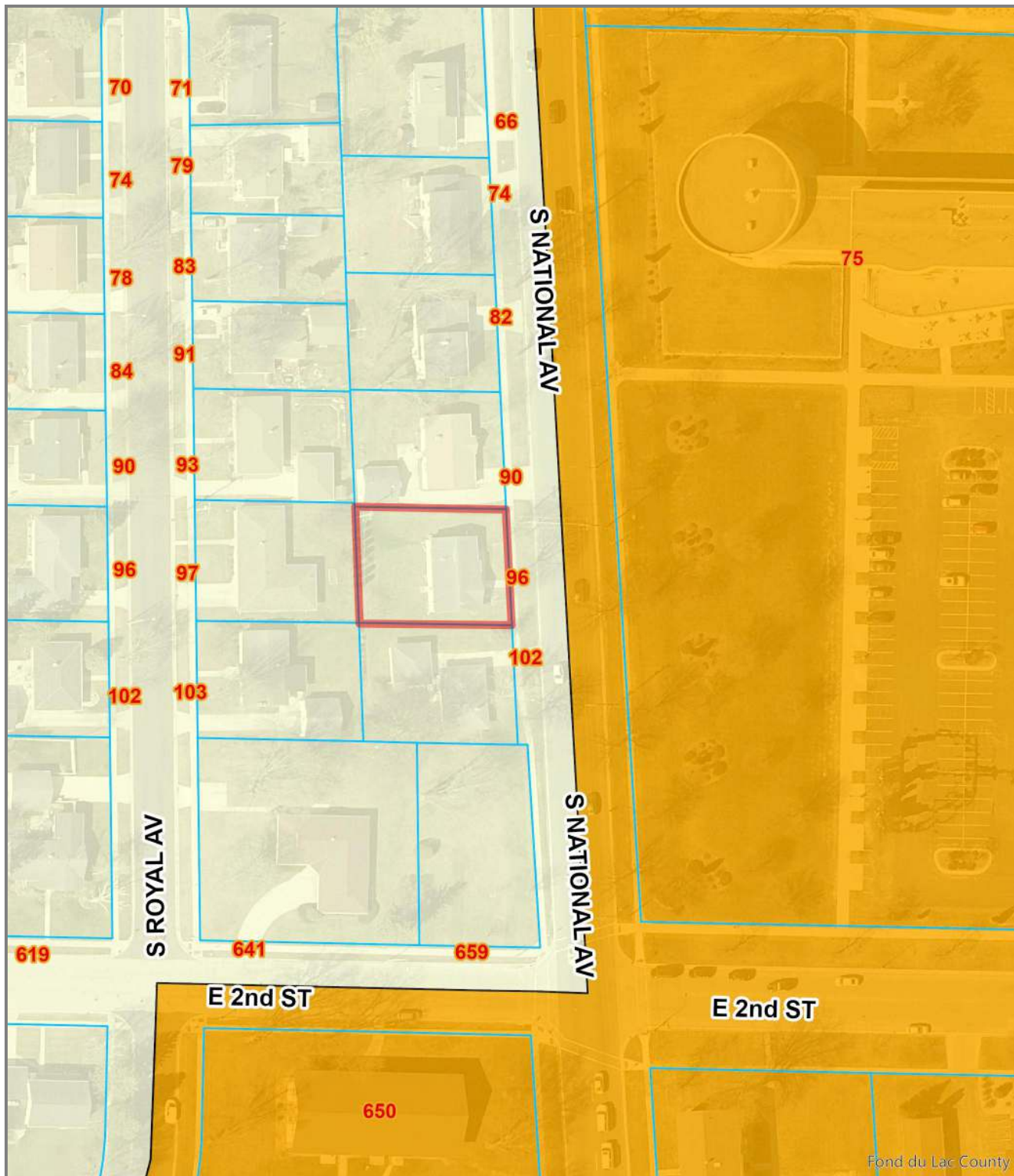
Aerial - 96 S National Avenue



Disclaimer: Map and parcel data are believed to be accurate, but accuracy is not guaranteed. This is not a legal document and should not be substituted for a title search, appraisal, survey, or for zoning verification.

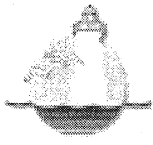
Map Scale
1 inch = 100 feet
4/30/2025

Zoning - 96 S National Avenue



Disclaimer: Map and parcel data are believed to be accurate, but accuracy is not guaranteed. This is not a legal document and should not be substituted for a title search, appraisal, survey, or for zoning verification.

Map Scale
1 inch = 100 feet
4/30/2025



APPLICATION FOR ZONING VARIANCE

PROPERTY LOCATION: 96 South National Avenue

Tax Key Number (Vacant Land): FDL

Project Applicant			
Name Lynette Duley, The Center Uniting Mind, Body, and Spirit			
Mailing Address 13 Gaslight Drive	North Fond du Lac	WI	54937
Landowner (Complete this information if the project applicant is not the property owner.)			
Name Aaron Sadoff, Marian University			
45 National Avenue	Fond du Lac	WI	54935
Email Address			
Landowner Certification			
If the person requesting a variance is not the owner of the property affected by the proposal, the consent of the landowner is necessary. Refer to the LANDOWNER AUTHORIZATION form included with the variance application packet.			

VARIANCE PROPOSAL

A variance is an exception to a regulation of the zoning code. Describe the purpose of the variance request.

The purpose of this variance request is to zone the location of 96 S. National Avenue as commercial. This location has been used by Marian University for many years. The not-for-profit business, Grain of Wheat Community known as The Center:Uniting Mind, Body, and Spirit which does provide educational services has a collaborative relationship with Marian University. Services and education will be provided to faculty, staff and students. Marian needs our proximity and The Center also needs the proximity to Marian. The Center has a State of Wisconsin Educational Approval Program Certificate and is considered a private postsecondary school..

Describe alternatives to your proposal such as other locations, designs, and construction techniques. If the alternatives are not reasonable, provide the reason(s) for rejection.

Alternative locations have not been found reasonable because there are no funds for new construction, no other space is available at Marian University, and no other space can be rented near Marian University.

To obtain a variance, the applicant must demonstrate that a unique condition of the property exists to prevent compliance with zoning code regulations. A variance is not intended as an accommodation for a property owner's convenience. To qualify for a variance, an applicant must demonstrate that the property meets the following three requirements:

- 1. Unique Property Limitations**
- 2. No Harm to Public Interest**
- 3. Unnecessary Hardship**

1. UNIQUE PROPERTY LIMITATION(S)

Physical characteristics of the property that are not generally shared by other properties – such as a steep slope, wetland, unusual lot boundaries, unusual lot size – must be evident that affect compliance with ordinance requirements. The preference of an applicant (growing family, need for a larger garage, bigger sign, etc.) is not a factor for variance approval. The *property* must qualify for the variance, *not the particular situation of the property owner*.

Describe the unique property limitations that prevent compliance with code requirements:

The property is located in close proximity to Marian University. The property cannot accommodate a garage or driveway. The property has been used by Marian University prior to this request for grants and other university needs. Due to the close relationship between The Center Uniting Mind, Body, and Spirit, a property needs to be in close proximity to serve faculty, staff and students. No other property owned by Marian University meets the requirements of the current property. The Center and Marian University share similar values and no other provider but the Center could provide the required services.

2. NO HARM TO PUBLIC INTEREST

A variance may not be granted which results in harm to the interests of neighbors, the community, and the general public. Lack of opposition does not mean that the proposed construction would not harm the public interest.

Describe why approval of your proposal will not harm any adjacent or nearby property:

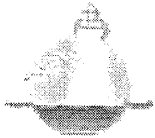
Nothing will be done to harm any adjacent or nearby property. Any programs to be on the property that may affect others will be moved to Marian University grounds on a case by case basis. No loud noise or other damaging behavior will occur on the property.

3. UNNECESSARY HARDSHIP

The unique property limitations must create the unnecessary hardship to justify an exception to zoning regulations. The hardship must not be self-imposed; loss of profit, construction without a permit, additional expense to comply with zoning ordinances, are not unnecessary hardships.

Describe why unique limitations of the *property* make compliance with zoning regulations difficult or impossible:

The unique limitations of the property will cause undue, and unnecessary hardship on Marian University if it is not able to provide wellness/exercise programs for faculty, staff, and students. Services would be curtailed, limited, or non-existent without the use of this property.



CITY OF FOND DU LAC

FOR INFORMATION OR ASSISTANCE CONTACT THE COMMUNITY DEVELOPMENT DEPARTMENT: (920) 322-3440

LANDOWNER AUTHORIZATION

PROPERTY LOCATION: 96 S. National Avenue, Fond du Lac, WI 54935

Tax Key Number (Vacant Land): FDL-____-____-____-____

TO: City of Fond du Lac

Community Development Department

Re: VARIANCE REQUEST

LOCATION OF VARIANCE REQUEST:

96 S. National Avenue, Fond du Lac, WI 54935

The undersigned is the owner of property referenced above. The undersigned authorizes Lynette Duley to sign and file a variance application that affects the referenced property.

SIGNATURE OF LAND OWNER OR AUTHORIZED GENT & DATE

Ann S. [Signature] 4.17.2020
Arson Shroff

On the City's website. Click on the "Calendar" tab on the Home page. Agendas and minutes are attached to the date the meeting. www.fdl.wi.gov

FOR INFORMATION OR ASSISTANCE CONTACT THE COMMUNITY DEVELOPMENT DEPARTMENT: (920) 322-3440

At The Center, we define spirituality as: *the path one consciously travels to the Spirit or with the Spirit.*

We define healing as: *the path one consciously chooses to achieve wholeness of body, mind, and soul/spirit.*

Here at The Center, our hope for all individuals, regardless of belief, is to help you access the true self, which is our inner source of healing and connection with the Divine.

The Center respects and honors the many different spiritual traditions represented in the Fond du Lac area community. This is a place to share and experience both our similarities and our differences.

Mission Statement:


To empower our community to live a balanced life through dynamic programming and transformative services.

Vison Statement:

To nurture individual health and well-being while cultivating spirit-filled connections within our community..

The Center is sponsored by the Grain of Wheat Community, Inc., a 501 (c) 3 tax-exempt not-for-profit educational and charitable corporation registered with the State of Wisconsin.

ducach Artist Relo... Freestanding Senso... New Wisconsin Vac... OpsMan Passport How to Create and... America's Heritage... Color Through the... Affinity - Gray Restaurant - Comm... Astir Two Seat Loun... >>

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Class Schedule
Yoga for our Mental Health
Plans & Pricing
Yoga Instructors

CHOOSE PRICING PLAN

<p>Monthly Unlimited</p> <p>\$ 65</p> <p>Valid for one month</p> <p>Select</p>	<p>3 Class Package</p> <p>\$ 40</p> <p>Valid for 3 months</p> <p>Select</p>	<p>10 Class Package</p> <p>\$ 130</p> <p>Valid for 6 months</p> <p>Select</p>
Unlimited single yoga classes	3 Single Yoga Classes	10 Single Yoga Classes

fcsh.org/healing-touch

Standard Plan Progr... Paducah Artist Refo... Free-standing Sensa... New Wisconsin Vac... OpsMan Passport How to Create and... America's Heritage... Color Through the... Affinity - Gray Restaurant - Comm... Astor Two Seat Loun...

THE CENTER
Uniting Mind, Body, and Spirit

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Healing Touch
Ayurveda
Transformational Addiction and Recovery

Healing Touch
WORLDWIDE LEADERS IN ENERGY MEDICINE

Continuing Education for Mind, Body & Spirit

Experience Healing Touch for Your Health & Healing

Healing Touch is a compassionate energy therapy in which practitioners use their hands in a heart-centered and intentional way to support and facilitate your physical, emotional, mental and spiritual health and self-healing.



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Reiki
Holistic Addiction & Recovery Circle
Kirtan
Native American Talking Circle
Morning Meditation

Healing Touch Program
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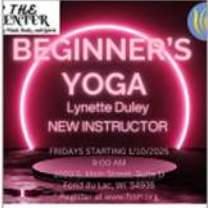




pirit

Experience Healing Touch for Your Health & Healing

Healing Touch is a compassionate energy therapy in which



UPCOMING EVENTS AT THE CENTER

 <p>Multiple Dates</p> <p>Hatha Yoga with Ken Afternoon</p> <p>Wed, Apr 30 Fond du Lac</p> <p>More info</p> <p>Buy Tickets</p>	 <p>Multiple Dates</p> <p>Beginner's Yoga</p> <p>Fri, May 02 Fond du Lac</p> <p>More info</p> <p>Buy Tickets</p>	 <p>Multiple Dates</p> <p>Chair Yoga</p> <p>Fri, May 02 Fond du Lac</p> <p>More info</p> <p>Details</p>
 <p>Multiple Dates</p> <p>Yoga Teacher Training</p> <p>Sat, May 03 Fond du Lac</p> <p>More info</p> <p>RSVP</p>	 <p>Multiple Dates</p> <p>Healing Touch 1, In Person Class</p> <p>Sat, May 03 Fond du Lac</p> <p>More info</p> <p>Details</p>	 <p>Multiple Dates</p> <p>Hatha Yoga with Ken</p> <p>Wed, May 07 Fond du Lac</p> <p>More info</p> <p>Buy Tickets</p>

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Fond du Lac Center for Spirituality and Healing ...

Feb 13 · 🌐

The events are moving into Spring. Please check out our website at www.fcsh.org. We have exciting new classes and they look like fun.

Winter 2025 Calendar

Yoga: Mondays, 9 am starts and 5:30 pm (Serenity and Peace Yoga)
Wednesdays, 9 am and 4:45 pm
Fridays, 9 am, Beginner's Yoga
Saturdays, 9 am

Men's Talking Circle: Tuesdays 6:00 pm

Kirtan: 3/14/2025, 7:00 pm, First Fridays except March 14

Native American Circle: 2/21/2025, 6:00 pm Third Fridays

Introduction to Natural Energy Therapy, 2/20 OR 2/26 5:30-6:45

Energy Extraordinaire, March 20, 4:00-5:30 pm

Fostering Family Together Sessions in March-Free with food;
3/4, 3/11, 3/18, 3/25

Promoting Family Togetherness Workshops, Free, 9-12:30, 3/8 or 3/22

Yoga Teacher Training starts February 28 through October 26

Women's One Day Retreats, \$75 with lunch included, TBD

Healing Touch 1 Certification, Saturday and Sunday, May 3 and 4, 9-5

Osteoporosis Yoga with or without chair, 10 weeks starting 2/18 4-5pm

Becoming Women Leaders (Mother/Daughter) April 26, 11-3

2



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Fond du Lac Center for Spirituality and Healing ...

Feb 13 · 🌐



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Fond du Lac Center for Spirituality and Healing

Feb 3 · 🌐

Our YOGA TEACHER TRAINING is coming soon. Check our website at www.fcsh.org



fcsh.org

Yoga | Fond du Lac Center for Spirituality & Healing



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Fond du Lac Center for Spirituality and Healing

Feb 3 · 🌐

This is a great deal for sound baths and the results are amazing!!!

Sound Baths

Facilitated by Teresa Moucha

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Fond du Lac Center for Spirituality and Healing ...

Jan 16 · 🌐



Winter 2025 Calendar

Yoga: Mondays, 9 am starts and 5:30 pm (Serenity and Peace Yoga)
 Wednesdays, 9 am and 4:45 pm
 Fridays, 9 am, free
 Every other Fridays 1 pm, 2:30 pm and 4 pm
 Saturdays, 9 am
 Sundays, 10:15 am start January 12
 Men's Talking Circle: Tuesdays 6:00 pm

Kirtan: 1/3/2025, 7:00 pm, First Fridays except March 14

Authentic Movement: 1/12/2025, 10:15 am, Sundays for 4 weeks

Native American Circle: 2/21/2025, 6:00 pm Third Fridays

Beginner's Tai Chi, January 27, Mondays for 8 weeks 7:15-8:15 pm

Women's Grief Support Group: Thursdays 6:30 Starting January 9, 2025

Yoga to Fit Your Body and Your Needs (sitting, lying down or standing, slow paced). You will notice the difference in 8 weeks! 7 am Mondays, starting 1/27/2025

Yoga Teacher Training starts February 28 through October 26

Women's One Day Retreats, \$50 with lunch included, February 1, March 1 and March 29, 2025

Healing Touch 1 Certification, Saturday and Sunday, May 3 and 4, 9-5

Osteoporosis Yoga with or without chair, TBD



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Fond du Lac Center for Spirituality and Healing ...
created an event.

Nov 22, 2024 · 🌐



THE CENTER
Nurturing Mind, Body, and Spirit

Yoga Teacher Training and personal development program

Join us on a journey of self-discovery!

In our 200-hour, hatha-focused program, we bring the wisdom of the Himalayan Tradition to life. Our team of experienced teachers guides you first in deepening your own spiritual practice, and then in preparing to teach others. In our 4 weeks together, we explore:

- Posture
- Meditation
- Relaxation
- Breath work
- Philosophy
- Anatomy
- Teaching methodology

Schedule
12 in-person weekends
Mar-Oct 2025

Location
The Center and
CSA Founders Hall

Certification
Registered Yoga School
through Yoga Alliance



For more information and to apply:
www.fcsh.org

Kelsy, Lynn, Theresa, Jeff, Angie

Fri, Feb 28

Yoga Teacher Training and Personal Development Program

☆ Interested



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Fond du Lac Center for Spirituality and Healing ...

Jan 15, 2024 · 🌐

Last chance to sign up for this life changing opportunity!

The Fond du Lac Center for Spirituality and Healing (The Center) offers a unique Yoga Teacher Training program that focuses on health, personal growth and development, and spiritual growth. The Center has been hosting the Himalayan Institute Teachers Association's (HITA's) 200-hour Yoga Teacher Certification Program since September 2000 when The Center opened its doors. The Center began to use the curriculum of HITA until September 2016, when it developed its own curriculum under its own certifying authority through the State of Wisconsin Educational Approval Program.

Yoga is an integral part of The Center's mission of "serving people of diverse faiths and backgrounds by offering programs and services that support the continuous discovery of our oneness in the Source of Life and that nurture wholeness of body, mind and spirit."

The Center's 200-hour program draws from traditional yoga theory and practice as well as modern knowledge of the body and mind. This program will maximize your effectiveness as a yoga teacher and yoga student by teaching time-tested tools for self-discovery.

The 2024 200-hour Yoga Teacher Training begins January 18, 2024, 10 weekends, 8am-5pm both days with one-hour break for lunch - plus a class on Thursday evening before each weekend from 6:30-8:30pm. The Thursday classes will also be open to the public.

January 2024: 18, 20-21; February 2024: 8, 10-11; March 2024: 7, 9-10; 21, 23-24; April 2024: 18, 20-21; May 2024: 2, 4-5.

More information can be found here: <https://www.fcsh.org/>



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More information can be found here: <https://www.fcsh.org/yoga-teacher-training>



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January 2024: 18, 20-21; February 2024: 8, 10-11; March 2024: 7, 9-10; 21, 23-24; April 2024: 18, 20-21; May 2024: 2, 4-5.

More information can be found here: <https://www.fcsh.org/yoga-teacher-training>



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Fond du Lac Center for Spirituality and Healing

Jan 12, 2024 · 🌐

We will be closed today, 1/12/24.

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**Fond du Lac Center for Spirituality and Healing** ...

Jan 5, 2024 · 🌐

The Fond du Lac Center for Spirituality and Healing (The Center) offers a unique Yoga Teacher Training program that focuses on health, personal growth and development, and spiritual growth. The Center has been hosting the Himalayan Institute Teachers Association's (HITA's) 200-hour Yoga Teacher Certification Program since September 2000 when The Center opened its doors. The Center began to use the curriculum of HITA until September 2016, when it developed its own curriculum under its own certifying authority through the State of Wisconsin Educational Approval Program.

Yoga is an integral part of The Center's mission of "serving people of diverse faiths and backgrounds by offering programs and services that support the continuous discovery of our oneness in the Source of Life and that nurture wholeness of body, mind and spirit."

The Center's 200-hour program draws from traditional yoga theory and practice as well as modern knowledge of the body and mind. This program will maximize your effectiveness as a yoga teacher and yoga student by teaching time-tested tools for self-discovery.

The 2024 200-hour Yoga Teacher Training begins January 18, 2024. 10 weekends, 8am-5pm both days with one-hour break for lunch - plus a class on Thursday evening before each weekend from 6:30-8:30pm. The Thursday classes will also be open to the public.

January 2024: 18, 20-21; February 2024: 8, 10-11; March 2024: 7, 9-10; 21, 23-24; April 2024: 18, 20-21; May 2024: 2, 4-5.

More information can be found here: <https://www.fcsh.org/yoga-teacher-training>



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More information can be found here: <https://www.fcsh.org/yoga-teacher-training>



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**Fond du Lac Center for Spirituality and Healing** ...

Dec 1, 2023 · 🌐

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Nov 30, 2023 · 🌐



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Fond du Lac Center for Spirituality and Healing ...

Nov 15, 2023 · 🌐

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Fond du lac Center
for Spirituality and
Healing



Yoga
TEACHER
TRAINING

The program offers in-depth experience and discussion of:

- Asana practice and teaching methods
- Meditation practice and instruction
- Pranayama practice and instruction
- Relaxation techniques and instruction
- Yoga philosophy and psychology
- The eight limbs of Raja Yoga
- Stress management tools
- Breath training
- Introduction to Ayurveda

200 Hour - 10
Weeks
Starts January 18,
2024

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Fond du Lac Center for Spirituality and Healing ...

Oct 31, 2023 · 🌐

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Fond du lac Center
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Healing



Yoga

TEACHER
TRAINING

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 - The eight limbs of Raja Yoga
- Stress management tools
- Breath training
- Introduction to Ayurveda

200 Hour - 10
Weeks

Starts January 18,
2024

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Fond du Lac Center for Spirituality and Healing

Jul 21, 2023 · 🌐

This coming September we are offering a 200 hour yoga teacher training! Apply Now!

Fond du lac Center
for Spirituality and
Healing



Yoga

TEACHER TRAINING

The program offers in-depth experience and discussion of:

- Asana practice and teaching methods
- Meditation practice and instruction
- Pranayama practice and instruction
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 - The eight limbs of Raja Yoga
- Stress management tools
 - Breath training
- Introduction to Ayurveda

200 Hour - 10
Weeks
Starts
September 14,
2023

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Fond du Lac Center for Spirituality and Healing

May 30, 2023 · 🌐

YOGA TEACHER TRAINING

200 HOUR - 10 WEEKS
STARTS SEPTEMBER 14, 2023

The program offers in-depth
experience and discussion of:

- Asana practice and teaching methods
- Meditation practice and instruction
- Pranayama practice and instruction
- Relaxation techniques and instruction
- Yoga philosophy and psychology
- The eight limbs of Raja Yoga
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- Introduction to Ayurveda



Call (920) 921-9404 or visit www.fcsh.org
for more information



Fond du Lac Center for Spirituality & Healing

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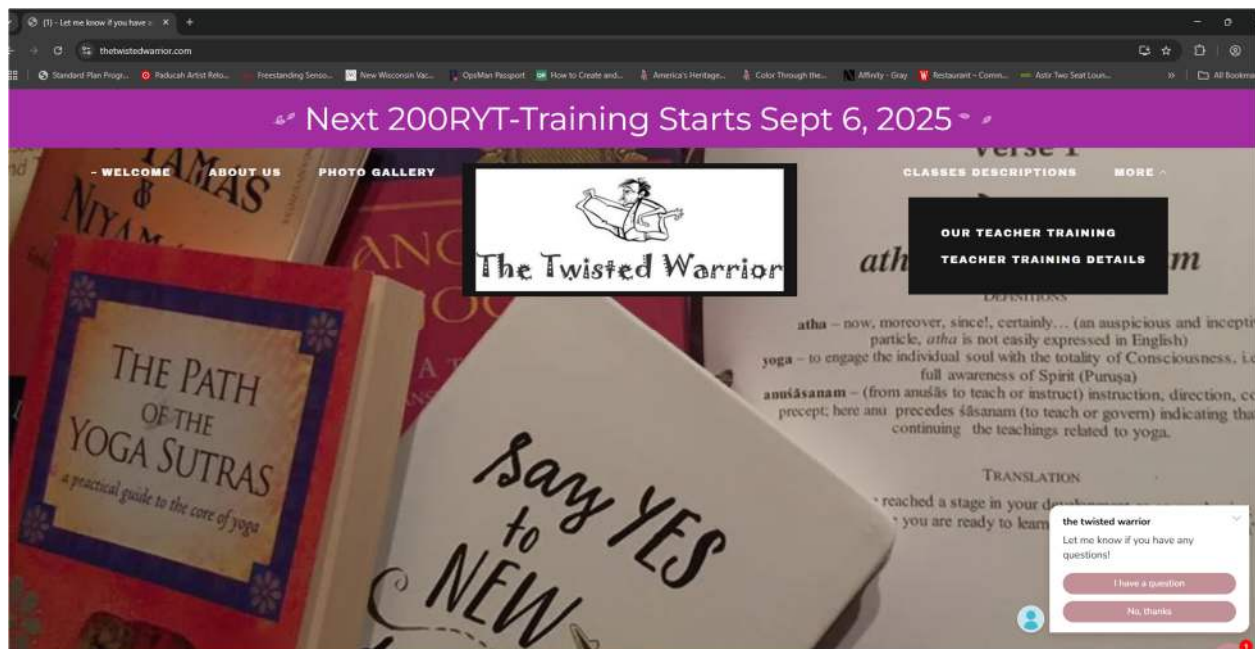


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TEACHER TRAINING PROGRAM
FALL 2025



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Teacher Training

2025 TEACHER TRAINING STARTING SOON!



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It will make things clearer in your heart and clearer in your world

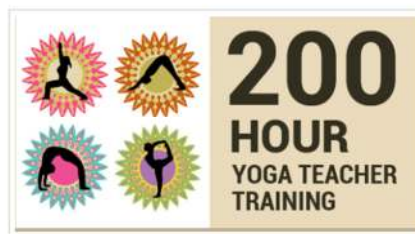
Who am I? Why am I here? These are the questions a human being who is living an awakened life asks.



Become a Certified Yoga Teacher Trainer with Santosh Yoga

300-hour Santosh Yoga Professional Teacher Training

200-300 Hour Yoga Teacher Training



Mission Statement: Tammy's passion is to help and guide yoga trainees to become the best yoga teacher they can be so they are prepared to teach to all levels of populations.

Below is the offering for 200 hour Yoga Teacher Training held at:

Om Yoga Studio, 1288 Rudy Street, Suite 102, Onalaska WI 54650

& ONLINE – Virtual class option is also available.

PROGRAM DESCRIPTION: Tammy Zee's 200 Hour Yoga Teacher Training is a Registered Yoga School approved & accredited by Yoga Alliance® & licensed by the State of Wisconsin Education Approval Board. Virtual class options are available. Of the 200 hours, 180 hours will be direct contact hours with lead trainer & E-500 RYT Tammy Zee & the remaining 20 hours will



YAMA YOGA TEACHER TRAINING PROGRAM

200 HOUR RYT CERTIFICATION

STARTS JANUARY 2025

Teacher training at Yama Yoga is an immersive personal experience and foundation for living your yoga. Our goal is to offer you the tools, training and support to teach high-quality yoga classes from the foundation of your own practice.

This program combines over 200 hours of in-person (or virtual) training sessions with individual mentoring to offer a challenging and unique teacher training experience.

PROGRAM INCLUDES:

.....



Get started for \$67



YogaOne 200-Hour Teacher Training Program

Transform Your Practice, Transform Your Life

Embark on a life-changing journey with YogaOne's **200-Hour**
Yoga Teacher Training program. Master the foundations of yoga



NOTICE OF BOARD OF APPEALS HEARING

NOTICE IS HEREBY GIVEN that the **BOARD OF APPEALS** of the City of Fond du Lac, Wisconsin, will take action on the following appeal on **Monday, May 5, 2025**. The 3:00 pm meeting will be conducted in Meeting Room A (first floor) of the City-County Government Center, 160 S Macy Street. All persons having an interest are invited to participate. Written correspondence for inclusion with agenda materials should be submitted to the City Clerk. The meeting agenda for the Board of Appeals can be accessed on the Calendar tab on the home page of the City's website: www.fdl.wi.gov

APPEAL NO. 2025-05

Location of Variance Request: 96 S National Avenue

Zoning Code Regulations:

Schedule II Land Uses or Activities Residential Districts does not allow a commercial business as a permitted use in the R-1 Single Family Residential District.

Proposal:

Allow for commercial business (yoga studio and associated services) in the R-1 Single Family residential District.

Intent of Variance Request:

The variance request asks for a waiver to allow a commercial business (yoga studio and associated services) in the R-1 District.

Dated this 24th day of April, 2025

Margaret Hefter, City Clerk

Board of Appeals 2025-05

96 S National Ave

PIN	Street_address	MailingAddress1	MailingCity	MailingState	MailingZip
FDL-15-17-14-11-009-00	103 S ROYAL AVE	103 S ROYAL AVE	FOND DU LAC	WI	54935
FDL-15-17-14-11-006-00	102 S NATIONAL AVE	102 S NATIONAL AVE	FOND DU LAC	WI	54935
FDL-15-17-14-11-014-00	79 S ROYAL AVE	79 S ROYAL AVE	FOND DU LAC	WI	54935
FDL-15-17-14-11-007-00	659 E 2ND ST	190 E 2ND ST	FOND DU LAC	WI	54935
FDL-15-17-14-11-022-00	102 S ROYAL AVE	102 S ROYAL AVE	FOND DU LAC	WI	54935
FDL-15-17-14-11-011-00	93 S ROYAL AVE	93 S ROYAL AVE	FOND DU LAC	WI	54935
FDL-15-17-14-11-076-00	650 E 2ND ST	333 BISHOPS WAY STE 160	BROOKFIELD	WI	53005
FDL-15-17-14-11-017-00	74 S ROYAL AVE	74 S ROYAL AVE	FOND DU LAC	WI	54935
FDL-15-17-14-11-019-00	84 S ROYAL AVE	84 S ROYAL AVE	FOND DU LAC	WI	54935
FDL-15-17-14-11-001-00	66 S NATIONAL AVE	66 S NATIONAL AVE	FOND DU LAC	WI	54935
FDL-15-17-14-11-004-00	90 S NATIONAL AVE	90 S NATIONAL AVE	FOND DU LAC	WI	54935
FDL-15-17-14-11-024-00	609 E 2ND ST	609 E 2ND ST	FOND DU LAC	WI	54935
FDL-15-17-14-11-005-00	96 S NATIONAL AVE	45 S NATIONAL AVE	FOND DU LAC	WI	54935
FDL-15-17-14-11-002-00	74 S NATIONAL AVE	45 S NATIONAL AVE	FOND DU LAC	WI	54935
FDL-15-17-12-33-553-00	75 S NATIONAL AVE	45 S NATIONAL AVE	FOND DU LAC	WI	54935
FDL-15-17-14-11-020-00	90 S ROYAL AVE	90 S ROYAL AVE	FOND DU LAC	WI	54935
FDL-15-17-14-11-028-00	91 S SALLIE AVE	91 S SALLIE AVE	FOND DU LAC	WI	54935
FDL-15-17-14-11-029-00	85 S SALLIE AVE	85 S SALLIE AVE	FOND DU LAC	WI	54935
FDL-15-17-14-11-008-00	641 E 2ND ST	641 E 2ND ST	FOND DU LAC	WI	54935
FDL-15-17-14-11-023-00	619 E 2ND ST	619 E 2ND ST	FOND DU LAC	WI	54935
FDL-15-17-14-11-026-00	103 S SALLIE AVE	103 S SALLIE AVE	FOND DU LAC	WI	54935
FDL-15-17-14-11-027-00	99 S SALLIE AVE	99 S SALLIE AVE	FOND DU LAC	WI	54935
FDL-15-17-14-11-021-00	96 S ROYAL AVE	96 S ROYAL AVE	FOND DU LAC	WI	54935
FDL-15-17-14-11-013-00	83 S ROYAL AVE	83 S ROYAL AVE	FOND DU LAC	WI	54935
FDL-15-17-14-11-003-00	82 S NATIONAL AVE	82 S NATIONAL AVE	FOND DU LAC	WI	54935
FDL-15-17-14-11-010-00	97 S ROYAL AVE	97 S ROYAL AVE	FOND DU LAC	WI	54935
FDL-15-17-14-11-018-00	78 S ROYAL AVE	78 S ROYAL AVE	FOND DU LAC	WI	54935
FDL-15-17-14-11-012-00	91 S ROYAL AVE	91 S ROYAL AVE	FOND DU LAC	WI	54935
FDL-15-17-14-11-015-00	71 S ROYAL AVE	71 S ROYAL AVE	FOND DU LAC	WI	54935